

For resources not covered or listed in this guide, call 2-1-1 or go to the website www.211maine.org.						
	This guide was compile	d by The Salvation Army Bangor Citadel Corp	JS.			
	To the best of our kno	owledge the information in this guide is accurate.				
Every effort has be	een made to verify this information but w	ve advise users of this guide to contact the service	e provider prior to accessing services.			
	Corrections, additions or suggestion	s, should be emailed to diana.horton@use.salava	tionarmy.org			
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Community Agency Resources					
Agency Name	Address	Phone	Services/Description/Website		
Adoptive and Foster Families of MI	304 Hancock St. Ste 2 Bangor	827-2331	Provides kinship, foster and adoptive families with resources and support		
American Red Cross	145 Exchange St Suite 1., Bangor	941-2903	Disaster relief at home and abroad; CPR certification and first aid courses; blood donation; and emergency preparedness. www.redcross.org		
Care & Comfort	24 Springer Dr, Bangor	992-2535	Provides home health care, behavioral health care, and home modification services www.careandcomfort.com		
Career Center (Tri-County)	45 Oak St., Suite 3, Bangor	561-4050	Provides employment and training services at no charge for Maine		
Catholic Charities	1066 Kenduskeag Ave, Bangor	941-2855	ccmaine.org		
Catholic Charities	307 Congress, Portland	781-8550	Provides innovative, community-based social services throughout Maine.		
City of Bangor General Assistance	103 Texas Ave., Bangor	992-4530	Basic necessities www.bangorpublichealth.org/general-assistance		
City of Brewer General Assistance	80 No. Main St., Brewer	989-7020	Assistance with health needs for low income eligible clients. www.brewerme.org		
The Columbia Street Project	45 Columbia St., Bangor	607-3055	re-entry services for prisoners and veterans;mentor training;resource center		
Community Care	40 Summer St., Bangor	945-4240	Case management. Home-based clinical support for children & families (HCT), outpatient therapy for children and adults. Comcareme.org		
Community Connector	475 Maine Ave., Bangor	992-4670	"Community Connector" Bus tickets offered. Www.bangormaine.gov		
Community Health & Counseling	42 Cedar St., Bangor	947-0366	Home health, hospice, and mental health services. www.chcs-me.org		
Courage Lives	Unpublished addressed	282-3351 # 4	Safe housing and support for victims of human trafficking		
Cross Roads Case Management	422 Main St., Pittsfield	399-0297	Adult and children's case management services; targeted case management		
Department of Health and Human Services (DHHS)	,		Temporary Assistance for Needy Families (TANF). MaineCare, elder, and low-income assistance. Www.mymaineconnection.gov		
Eastern Area Agency on Aging			60+, 18+ with diabilities and caregivers. Variety of programs and resources		
Eastern Maine Development Corp.	40 Harlow St., Bangor	942-6389	Retraining – help getting a job. www.emdc.org		
First Step Pregnancy Resource Center	336 Mt. Hope Ave., Ste. 8, Bangor	942-1611	Attend parenting & bible classes. Firststepbangor.com  Pre & post abortion counseling, pregnancy testing		
Food and Medicine (by apt only)	20 Ivers St., Brewer	989-5860	Help & support with Unemployment Apps. (Unemployment: 1-866-933-9236); Worker Rights; Support for local farmers. es by appt www.foodandmedicine.org		
KidsPeace	49 Florida Ave, Bangor	299-1414	theraputic foster care, outpatient counseling, HCT services		
Kindred at Home	175 Exchange St., Suite 100, Bangor	990-9000	provide skilled home care and in home occupational therapy www.kindredathome.com		
Habitat for Humanity of Greater Bangor ReStore	382 Harlow St, Bangor	942-8977	Elimination of poverty housing. www.habitatbangor.org		
Health Affliates Maine	306 Rodman Rd Auburn	333-3278	outpatient		
Higher Ground	235 Center St Brewer	561-9496	Adult case menagement, outpatient therapy individual and group		
Legal Services for the Elderly	5 Wabon St., Augusta Helpline	1-800-750-5353	Free legal help for Maine's seniors.		
Legal Services for the Elderly	5 Wabon St., Augusta	620-3114	Helps low-income Maine residents of any age, who have Medicare but are having		
(Medicare Part D Unit)	, 0		trouble getting or affording their medications.		
Lions Club	PO Box 237, Bangor	262-2530	Abe Miller Vision Assistance Program		
Lynx Transportation	262 Harlow St., Bangor	973-3500	MaineCare transportation (Penobscot ,Piscataquis, Somerset and Kenebec		
Pillars Community Outreach	41 Acme Rd Suite #6, Brewer	922-2329	Adult mental health services, adult/child case management, and counseling		
Maine Educational Opportunity Center	5713 Chadbourne Hall, Orono	581-3736	www.meoc.maine.edu Services for ages 19+, grade 6-12(College Access Program)		
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Community Agency Resources					
Agency Name	Address	Phone	Services/Description/Website		
Maine Equal Justice Partners	126 Sewell St., Augusta	626-7058	Free advocating for low-income & poverty individuals www.mejp.org		
Maine Department of Labor	54 State House Station, Augusta	623-7900	Statewide unemployment Insurance www.mainegov/labor		
MAS Community Health	30 Summer St., Bangor	561-9533	Outpatient therapy, CIS, Sect28,65,17 services, CIS, BHH, case management		
Health Equity Alliance	304 Hancock St, Suite 3B, Bangor	990-3626	LGBTQ+, HIV/AIDS, Substance Abuse support and services, syringe exchange,		
			HIV/Hepatitis testing, Naloxone distribution, advocacy, cultural competency training,		
			Law Enforcement Assisted Diversion (LEAD), sex education training, food pantry,		
			Free triage clinic call for dates and hours.		
Northeast Occupational Exchange	68 Mount Hope., Bangor	942-3816	Comprehensive adult/child outpatient mental health, substance abuse service.		
Northeast Occupational Exchange	os Mount Hope., Bangor		Www.noemaine.org		
OHI, Inc. (Office)	25 Freedom Parkway, Hermon	848-5804	Residential services for people with disabilities. www.ohimaine.org		
Penobscot Community Health Care	103 Maine Ave., Bangor	992-9200	Administrative office for comprehensive medical services. www.pchc.com		
			Assisted Living Services		
			Low Income Home Energy Asst. Program (LIHEAP). Covers electric, oil, kerosene, and		
Danguis Inc			propane. (Penobscot County only)		
Penquis, Inc.	262 Harlow St., Bangor	973-3500	Emergency Crisis Intervention Program (ECIP). Heat or electricity. (Penobscot Co.)		
www.penquis.org			Good Neighbor Fund. Not for emergency heat needs. (Penobscot County).		
			Low Income Assistance Program (LIAP). Electricity discount. Does not stop		
			Transportation solutions for low income. And helps with child care assistance.		
Penquis Law Project	Offices - Bangor & Dover-Foxcroft	973-3671	Creates access to civil legal services for low and moderate income individuals.		
Penquis Journey House	59 Free St. Dexter	924-0151	Transitional home for pregnant and parenting women ages 16-21		
Pine Tree Legal Assistance	115 Main St., Bangor 2nd Floor	942-8241	Provides free legal help to Maine people with low income. www.ptla.org		
			In-Home visits to pregnant women and new parents that could benefit from		
<b>Public Health Nursing and Community</b>	103 Texas Ave., Bangor	992-4530	additional health support for themselves and their babies, parenting & asthma		
			education, breastfeeding counseling, family planning, and immunizations.		
Shepherd's Godparent Home	PO BOX 616, Bangor	949-2273	Provides pregnant women (age 13-up) with free housing and meals, parenting		
Shepherd's Godparent Home	PO BOX 616, Bangor	949-22/3	services, educational opportunities, and life skills training.		
Sequel Care of Maine	760 Union St, Bangor	989-2946	Home health, BHH, day trreatment, rehab services, case management, HCT		
Sweetser	700 Mt. Hope #650, Bangor	1-800-434-3000	Outpatient therapy		
Social Security Administration	Rm. 10307, 202 Harlow St.,	(877)-405-1448	Bangor Office - Provides Social Security services www.socialsecurity.gov		
Partners for Peace	77 Essex St., Bangor	945-5102	Provides information and support to people of all ages affected by abuse and		
raithers for reace	77 Essex St., Ballgol	343-3102	domestic violence. www.partnersforpeaceme.org 1-800-863-9909 24 hours		
St. Paul The Apostle Parish	217 York St., Bangor	217-6740	Provides emergency assistance with food, clothing, home heating, utilities,		
St. Faul The Apostie Palish	ZI/ TOTK St., Daligut	21/-0/40	medicine, gas, and rent. Assistance is limited to once every 3 months.		
			Provides those in emergency situations with basic necessities such as food, clothing,		
The Salvation Army	65 So Park St Rangor	941-2990	household items and oil. Please feel free to contact the office Mon-Fri 9AM-3PM.		
The Salvation Army	65 So. Park St., Bangor	341-2330	Serves: Bangor, Brewer, Exeter, Glenburn, Hermon, Kenduskeag, Levant, Orrington,		
			Veazie. www.use.salvation.org/bangor		
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	Commu	nity Agend	y Resourc	ces	
Agency Name	Address	Phone		Services/Descript	tion/Website
United Way of Eastern Maine	700 Main St. suite 1	211	Statewide directory of health and human services in Maine. www.211maine		vices in Maine. www.211maine.org
United Way of Eastern Maine	700 Main St. suite 1	941-2800	www.unitedwa	ayem.org	-
USDA Rural Development	967 Illinois Ave., Ste. 4, Bangor	990-9160	Maine Office	www.rd.usda.gov/me	
Wabanaki Health and Wellness	157 Park St., Ste. 5, Bangor	992-0411	Child and famil	ly case workers and HIV testing	g. Addresss: Suite 5 inside door #36
Wellspring, Inc.	98 Cumberland St., Bangor	941-1612		outpatient services for those af n, women and family. www.we	ffected by addiction & co-occurring ellspringmaine.com
Wings	900 Hammond St., Suite 915, Bangor	941-2988		nent Services for Adults and Ch	ğ ğ
Women Infant Children Program			Assisting pregn	nant woman and children who	are at nutritional risk, vouchers for
(WIC)	103 Texas Ave., Bangor	992-4530	nutritional foo	ds, breastfeeding support, bre	ast pump rental, referrals. Serves:
(WIC)			Bangor, Dexter	r, Dover, Corinth, Lincoln, Milo	, Millinocket, Newport, and Greenville.
New Ventures Maine	1 University Pl., Bangor	262-7840	Works to impre	ove the economic lives of Mair	ne men, women and their families.
	<u>Co</u>	ommunity	<u>Meals</u>		
Name	Address	Phone	Days/Times		mes
Bangor Homeless Shelter	263 Main St., Bangor	947-0092	Lunch is served at noon 7 days a week		
Breakfast at Pickering	Pickering Square, Bangor		Breakfast is ser	rved from 8:30 to 10am	
Columbia Street Baptist Church	63 Columbia St., Bangor	945-6616	Sunday Noon-1		
First Congregational Church	35 Church St. Brewer	989-7350		onth 8:30Am-9:30Am	
First United Methodist Church	703 Essex St., Bangor	945-9567	Thu 4pm- 6pm		
Hammond St. Cong. Church	28 High St., Bangor PO BOX 1106	942-4381	1 <sup>st</sup> Sat Noon-1	Pm	
Hope House	179 Corporate Dr. Bangor	217-6713	Breakfast-5:45	am Lunch-12pm Dinner- 5pm 7	7 days a week
St. John's Episcopal Church	234 French St., Bangor	947-0156	2 <sup>nd</sup> Sat each m	onth 11:30am- 1:00pm	
Manna Ministries	126 Union St, Bangor	852-5635	Mon-Fri 4:30-	5pm	
The Salvation Army	65 South Park St., Bangor	941-2990	Mon-Fri 11:45	am–1pm	
The Together Place	150 Union St., Bangor	941-2897	Mon & Fri Only	y 11:30am-1pm able to purcha	se hot food with EBT or cash
Unitarian-Universalist Church	120 Park St., Bangor	947-7009	Bean Supper 4	th & 5th Sat 4-5P	
	<u>Emerge</u>	ncy Heatin	g Assistar	<u>nce</u>	
Organization	Address	Pho	one	Α	Areas Served
City of Bangor General Assistance	103 Texas Ave., Bangor	992-	4530	Bangor	
City of Brewer General Assistance	80 No. Main St., Brewer	989-	7020	Brewer	
				1	

217-6740

941-2990

794-6181

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Bangor area

Penobscot county

Bangor, Brewer, Exeter, Glenburn, Hermon, Kenduskeag, Levant, Orrington, & Veazie

St. Paul The Apostle Parish

Community Evangel Temple

The Salvation Army

217 York St., Bangor

124 River Rd, Lincoln

65 So. Park St., Bangor

Faith Based Organizations							
Name	Address	Phone	Website for Local Church				
Advent Christian Church	2141 Broadway, Bangor	942-4327	www.bangoradvent.com				
All Souls Congregational Church, UCC	10 Broadway, Bangor	942-7354	www.allsoulsbangor.com				
Amazing Grace Fellowship	2 Canusa Way, Brewer	745-3927	www.agffamily.com				
Apostolic Lighthouse Church	517 Hammond St., Bangor	942-2517	n/a				
Crosspoint Church	1476 Broadway, Bangor	947-6576	www.crosspointbangor.com				
Bangor Church of Christ	516 Union St., Bangor	942-4176	www.bangorchurchofchrist.com				
Beacon of Hope	1612 Ohio St., Bangor	945-0224	beaconofhopecog.com				
Bible Baptist Church	967 Forest Ave, Orono	945-9952	www.bbcbangorarea.com				
Calvary Baptist Church	61 State St., Brewer	989-3912	www.cbcbrewer.org				
Calvary Chapel Church	154 River Rd., Orrington	991-9555	www.calvarychapel.org/Bangor				
Church of Jesus Christ of Latter Day Saints	639 Grandview Ave., Bangor	942-5626	www.lds.org				
Clifton United Baptist Church	742 Airline Rd., Clifton	843-5441	n/a				
Columbia Street Baptist Church	63 Columbia St., Bangor	945-6616	www.csbcbangor.org				
Beth Abraham Orthodox Synagogue	145 York St., Bangor	947-0876	www.jewishbangor.org				
Congregation Beth El	183 French St., Bangor	945-4578	www.bethelbgr.com				
Congregation Beth Israel	144 York St., Bangor	945-3433	www.cbisrael.org				
Dedham Congregational Church, UCC	512 Upper Dedham Rd., Dedham	843-7646	n/a				
East Eddington Community Church	1410 Main Rd., Eddington	843-5283	n/a				
East Orrington Congregational Church, CCC	38 Johnson Mill Rd., Orrington	825-3404	www.eoccmaine.com				
Essex Street Baptist Church	82 Essex St., Bangor	942-4177	n/a				
First Apostolic Church of Brewer	14 Parkway So., Brewer	989-3585	www.facbrewer.org				
First Assembly of God	614 Finson Rd., Bangor	947-1029	www.firstassemblybangor.org				
First Baptist Church	56 Center St., Bangor	945-9694	www.fbcbangor.org				
First Church of Christ, Scientist	939 Broadway, Bangor	947-7421	Christiansciencebangormaine.com				
First Church of the Nazarene	1465 Union St., Bangor	942-7216	www.bangornaz.com				
First Congregational Church, UCC	35 Church St., Brewer	989-7350	www.firstcongregationalbrewer.org				
First United Methodist Church	703 Essex St., Bangor	945-9567	www.fumcbangor.org				
First United Methodist Church	40 So. Main St., Brewer	989-7310	www.fumcob.org				
First United Methodist Church	14 Center Dr., Orrington	825-4414	www.umc.org				
Forest Avenue Church, UCC	300 Forest Ave., Bangor	942-4705	n/a				
Glad Tidings Church	1033 Broadway, Bangor	947-0324	www.gtc.bangor.com				
Hammond Street Congregational Church	28 High St., Bangor PO BOX 1106	942-4381	www.hammondstreetchurch.org				
Holden Congregational Church, UCC	Church Rd., Holden	989-4550	n/a				

<u>Faith Based Organizations</u>							
Name	Address	Phone	Website for Local Church				
Hope Lutheran Church	1520 Union St., Bangor	990-5900	www.hopebangor.org				
Islamic Center of Maine – Orono	151 Park St., Orono	866-3410	www.theicmo.com				
Lighthouse Church of God	696 River Rd., Orrington	825-9001	www.orringtonlight.org				
Messiah Baptist Church	985 Union St., Bangor	947-7950	www.messiahbangor.org				
New Life Community Church	391 No. Main St., Suite G, Brewer	945-9937	www.newlifechurch.today				
North Brewer/Eddington United Methodist Church	31 Main Rd., Eddington	989-4715	www.nbeumc.org				
Orrington Center Church (Warming Center and showers)	468 Dow Rd., Orrington	825-3492	www.orringtoncenterchurch.net				
Pilgrim Orthodox Presbyterian Church	375 Mount Hope Ave., Bangor	942-8054	www.pilgrimopc.org				
Redeemer Lutheran Church	540 Essex St., Bangor	945-3166	www.redeemer-lutheran-church.org				
River City Wesleyan Church	146 Center St., Bangor	990-1711					
Second Congregational Church, CCCC	607 So. Main St., Brewer	989-7930	n/a				
St. George Greek Orthodox Church	90 Sanford St., Bangor	945-9588	www.stgeorge.me.goarch.org				
St. John's Episcopal Church	225 French St., Bangor	947-0156	www.stjohnsbangor.org				
St. Patrick's Episcopal Church	21 Holyoke St., Brewer	989-1308	www.stpatsbrewer.episcopalmaine.or				
St. Paul the Apostle Parish	217 York St., Bangor	217-6740	www.stpaulbangor.me				
The Rock Church	1195 Ohio St., Bangor	942-9977	info@trcbangor.com				
The Salvation Army	65 So. Park St., Bangor	941-2990	www.use.salvationarmy.org/bangor				
The Unitarian Universalist Society of Bangor	120 Park St., Bangor	947-7009	www.uubangor.org				
Twin City Baptist Church	559 No. Main St., Brewer	989-6852	www.tcbcbrewer.com				

## Farmers' Markets

Market Name	Address		Days & Hours of Operation	Notes
Dangar Farmars' Market	Farmers' Market  Harlow St. & Franklin St., Bangor (Across from the Library)  Sundays 11am-2pm Apr 30 through November 24		Participates in the EPT/CNAD Dissount Drogram	
Bangor Farmers iviarket			Apr 30 through November 24	Participates in the EBT/SNAP Discount Program.
Ohio Street Farmers' Market	Bangor Grange Hall 11	L92	Wednesdays 2P-5:30P	Participates in the EBT/SNAP Discount Program.
Offic Street Farmers Warket	Ohio St., Bangor June through November		June through November	raticipates in the EB1/3NAF Discount Flogram.
Brewer Farmers' Market	Brewer Auditorium, 33	18	Tuesday/ Thursday/Saturday	Participates in the EBT/SNAP Discount Program on Saturdays in July,
brewer rainlers warket	Wilson St., Brewer		8:30A-1P Mid May	August, & September (while funds last).

## **Food Cupboards and Pantries**

Area/clients Served	Name of Cupboard/Pantry	Address	Phone	Days	/Times
All	Bangor Area Homeless Shelter	263 Main St., Bangor	947-0092	Tue & Thu	1-4P
Aurora, Amherst, Clifton, Mariaville, & Otis	Clifton Community	742 Airline Rd., Clifton	843-5441	Mon. 1st +	3rd 5P-6P
Bangor	Ecumenical	28 High St., Bangor	942-4381	M, W, & Fi	ri 9-12pm
All	Samaritan Inc. (The Rock Church)	1195 Ohio St., Bangor	942-9970	Saturday 1	.1am
	Samaritan Inc. (Hermon Baptist)	2492 US Rt 2, Hermon	848-5749	Monday	11am
	Samaritan Inc. (Glenburn Covenan	911 Hudson Rd, Glenburn	945-5460	Thursdays	11am
	Samaritan Inc (R C Wesleyan)	146 Center St, Bangor	990-1711	Wed	11am
	Samaritan Inc (Harvest Chapel)	3531 Union St. Levant	884-7857	Tuesday	11am
	Samaritan Inc.(Hudson Baptist)	2328 Hudson Rd	327-1433	Friday	11am
	Redeemer Lutheran Church	540 Essex St Bangor	945-3166	Tu,W,Th 9	-1pm
	Resurrection of the Lord Parish	429 Main St Old Town	827-4000	Last Monda	y 9:30-10:30
<u> </u>	Page 5		•	'	

Food Cupboards and Pantries						
Area/clients Served	Name of Cupboard/Pantry	Address	Phone	Days/Times		
All	The Brick Church	126 Union St, Bangor	989-5401	Mon, Wed, & Fri 3-4P		
Bangor, Brewer, Holden, & Veazie	Amazing Grace Fellowship	Private	745-3927	On call.		
Bangor, Brewer, Exeter, Glenburn, Hermon, Kenduskeag, Levant,	The Salvation Army of Bangor	65 So. Park St., Bangor	941-2990	Wed 9-11:00AM and		
Orrington, & Veazie	The Salvation Army of Bangor	03 30. Faik St., Ballgol	941-2990	1:30-3PM		
Bangor	Bangor Region YMCA	17 2nd St. Bangor	941-2808	Tu 7-8am Th 5:30-6:30am		
Brewer & Eddington	Brewer Area Food Pantry	222 No. Main St., Brewer	605-1218	1st Mon.& 4th Wed. of		
brewer & Eddington	Brewer Area rood ranti y	222 No. Main St., Brewer		month 10A-Noon		
Dedham, Holden, Green Lake, & Lucerne	Dedham Congregational Church	209 Mill Rd. Dedham	843-7646	By Appt. 557-9426 or		
Lake, & Lucerne	Deditatif Congregational Charen	209 Willi Rd. Dedilaili		944-1613		
Eddington	E. Eddington Community Church	1410 Main Rd., Eddington	843-5283	Call for service.		
Indian Island, Old Town, Asrgyle, Bangor, Milford, Bradley, Greenbush	St. Ann's Food Pantry	8 Down St. Old Town	817-7492			
Clifton, Holden, Eddington	C CHEF Food Pantry	202 Kidder Hill Rd Holden	843-5200	Th 4-6pm		
Holden, Dedham, Green Lake & Lucerne	Holden Congregational Church	nurch 66 Church Rd., Holden 989-4550 Call ahead 98		Call ahead 989-8932		

## **Health Care Facilities**

Facility Name	Address	Phone	Description/Website
Acadia Hospital	268 Stillwater Ave., Bangor	973-6100	Treats mental illness and substance abuse disorders. wwww.acadiahospital.org
PCHC	1012 Union St, Bangor	404-8100	Comprehensive medical center www.pchc.com
Eastern Maine Medical Center	489 State St., Bangor	973-7000	Comprehensive medical center 24-hour emergency room. www.emmc.org
EMMC Family Medicine Center and Residency	895 Union St., Ste. 12, Bangor	973-7979	Routine appointment scheduling. www.emmc.org/center_family_medicine
St. Joseph Hospital	360 Broadway, Bangor	907-1000	Comprehensive medical center 24-hour emergency room. www.stjoeshealing.org

## Helplines/Hotlines

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Agency Name	Phone	Description/Website
2-1-1Maine	2-1-1	Statewide information for Maine regarding variety of services.
Alcoholics Anonymous	1-800-737-6237	Literature, locate meetings, 24 hour advice
Al-anon	1-800-498-1844	24 hour advice, locate meetings
Child Abuse	1-800-452-1999	Reporting child abuse, support, resources
Crisis Hotline	1-888-568-1112	Assists those with mental illness, locates psychiatric treatment, suicide prevention.
Disabled 8 Asias Comises Helpline (D.A.C.II.)	941-2865	Aims to improve awareness of and access to long-term supports for older adults,
Disabled & Aging Service Helpline (D.A.S.H.)	941-2603	adults with disabilities and caregivers. www.eaaa.org/dashnetwork.html
Domestic Violence (Family Crisis Services)	1-866-834-4357	Emergency shelter for women 18 years and older (with or without children) in
Domestic violence (Family Crisis Services)	1-800-834-4357	Portland. www.familycrisis.org/services/emergency-shelter
Domestic Violence (Next Step)	1-800-315-5579	Hancock County, safe plan, resources
Drug Tips	1-800-452-6457	Drug enforcement tip line
Eating Disorders Treatment Program	1-800-236-7524	Food addiction & eating disorders, counseling, resources
Elder Abuse	1-800-624-8404	Support for elderly victims of abuse.
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	Helplines/Ho	tlines			
Agency Name	Phone	Description/Website			
GLBT National Help Center	1-888-843-4564	Provides free and confidential telephone and internet peer-counseling, inform			
·	1-888-843-4384		urces. www.glnh.org		
Legal Services for the Elderly	1-800-750-5353		for Maine seniors.		
			eive support, social connection, assistance with referrals to		
Maine Warm Line	1-866-771-9276	community res	sources, recovery programs and an opportunity to connect with		
	1-800-771-9270	others during a	a time of fear, grief or sadness.		
		www.maine.go	ov/dhhs/samhs/mentalhealth/wellness/warmline.shtml		
Narcotics Anonymous	1-800-974-0062	Support for inc	dividuals addicted to narcotics; resources.		
Nar Anon	1-800-477-6291	Support for th	ose affected by others use of substances		
National Pregnancy Hotline	1-800-395-4357	Find local preg	nancy centers, referrals, helps seek necessities www.optionline.org		
National STI Hotline	1-800-227-8922	Provides local i	resources and information.		
Pet Loss Support	607-253-3932	Iowa State Uni	versity - College of Veterinary Medicine		
Poison Control	1-800-222-1222	Crisis informati	ion on injection of toxic substances		
Sexual Assault	1-800-871-7741	Victims of sexual assault support, resources			
Partners for Peace	1-800-863-9909	Domestic viole	nce support, safe plan, information on safe house		
National Suicide Prevention/ Veterans Crisis	1-800-273-8255	Assists those w	vith mental illness, locates psychiatric treatment		
Tobacco Hotline	1-800-207-1230	Individuals looking for ways to quit smoking, support			
The Women's Project/Opportunity Alliance	1-800-611-1779	Helping wome	n affected by substance abuse - their own or others.		
The Women's Project/Opportunity Amarice	1-800-011-1779	www.maine.gov/dhhs/osa/help/women.htm			
Worker's Rights/Farmer's Support (Food&Medicine)	1-866-933-9236	Helping local a	griculture, unemployment information, worker rights, farmer support		
	Homeless Sh	<u>elters</u>			
Shelter Name	Address	Phone	Notes		
Bangor Area Homeless Shelter	263 Main St., Bangor	947-0092	Male & Female over 18. Clients need to be clean and sober.		
Emmaus Center – Clean & Sober Family Shelter	Corner of Main St. and	667-3962	Families and single males & females.		
Chimads Center – Clean & Sober Family Sheller	Water St., Ellsworth	007-3902	_		
Hope House	179 Corporate Dr., Bangor	217-6713	Male & Female Single Adults Clients can be "wet".		
Next Step	735 Bangor Rd., Ellsworth	1-800-315-5579	Domestic violence shelter & support services		
Shaw House	136 Union St., Bangor	941-2874	Male & Female under 18. Clinic & counseling (youth only).		
Isliam House		941-20/4	www.theshawhouse.org		
Partners for Peace	77 Essex St., Bangor	1 900 962 0000	Domestic violence shelter & support services. Very limited spots.		
raithers for reace	(Administrative Office)	1-000-003-9909	Domestic violence sheller & support services, very limited spots.		
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Housing Resources					
Agency Name		Address	Phone	Notes/Websites	
Bangor Housing Authority		Davis Rd., Bangor	942-6365	Provides affordable housing opportunities and assistance for low to	
			942-0303	moderate income households. www.bangorhousing.org	
Bangor Health & Community Service		Texas Ave., Bangor	992-4530	Transitional housing for homeless people. Additional services	
Brewer Housing Authority		olonial Circle, Suite 1,	989-7551	Assists low-income families with decent, safe and affordable housing	
		ver		opportunities. www.brewerhousing.com	
Dorsey Funiture	1031 Main Rd, Holden		843-7300	Used household furnishings. Please call for information	
Maine State Housing Authority		Water St., Augusta	800-452-4668		
Welcome To Housing!		Main St. Old Town	200-5524 Provides basic household items (from mattresses to can- openers) to		
			individuals who are transitioning from area shelters to permanent		
<u>Thrift Shops</u>					
Shop Name	Address	Phone		Hours/Notes	
Emmaus Center	Corner of Main St. and Water St., Ellsworth 51 Main St	667-3962	M,W,F and Sat	:. 10:30A-2:30P	
Faithbuilders Cornerstone Resale &	401 No. Main St., Brewer	951-0828	Tue-Sat 10A-5F	ue-Sat 10A-5P&Sat 10A-4P. Women's Clothing Store. Assists victims of domestic	
Donation Center	401 NO. Maili St., Brewei	931-0626	abuse.		
Goodwill	805 Stillwater Ave., Bangor	947-7984	Mon Sat 9A-9P. Sunday 10-7		
	610 Wilson St., Brewer	989-1511			
Habitat for Humanity ReStore	378 Harlow St, Bangor	992-0704	www.habitatbangor.org hours of operation Tues-Sat 9-5		
The Attic Thrift Store	54 Cumberland St, Bangor	945-5523		m Wednesdays 10-12pm	
The Growing Place	548 Hammond St., Bangor	941-1055	Summer Mon-Fri 10A-6P & Winter 10A-5P. Thrift store for children's toys and		
The Growing Flace	1209 Broadway, Bangor	947-9055	necessities; Woman's work and maternity clothing.		
The Salvation Army Family Store	585 Broadway, Bangor	941-2990	Mon-Sat 9-6pm		
<u>Clothing Resources</u>					
The Storehouse/Brick Church	126 Union St, Bangor	989-5401	M,Tu, Th, F 10a	am4pm. Free of Charge. NO APPT. NEEDED	
	<u>S</u>	enior Resoui	ces		
Aging Excellence	61A Union St, Bangor	947-0999	Provides full ra	ange of in home senior care	
Comfortably Home(Hacot)	358 Main St, Old Town	827-6151	Income eligible homeowners that need minor repairs/accessibility alterations		
Durgin Center	274 State St, Brewer	941-2865	Variety of programming geared to senior citizens		
Memory Joggers	703 Essex St, Bangor	945-0122	Wednesdays 10-2pm Memory enrichment program		
My Friend's Place	703 Essex St, Bangor	945-0122	Monday and Friday Enrichment program for Alzheimer's		
SAGE	511 Congress St Ste.107, Portland	809-7015	Advocacy servi	ice for LGBT elders	
Umaine Center	25 Texas Ave. Camden Hall, Bangor	262-7920	Senior programming for local area.		
Volunteers of America	14 Main St. Ste.100, Brunswick	373-1140	Supportive sen	nior living, veteran services	
Homeless Resources					
The City of Bangor- Homeless Outreach - Torelin Jager 356-2502					
CHCS Project for Assistance with Transition from Homelessness		992-4453			
Coordinated Entry for Homeless Individuals		991-2638			
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