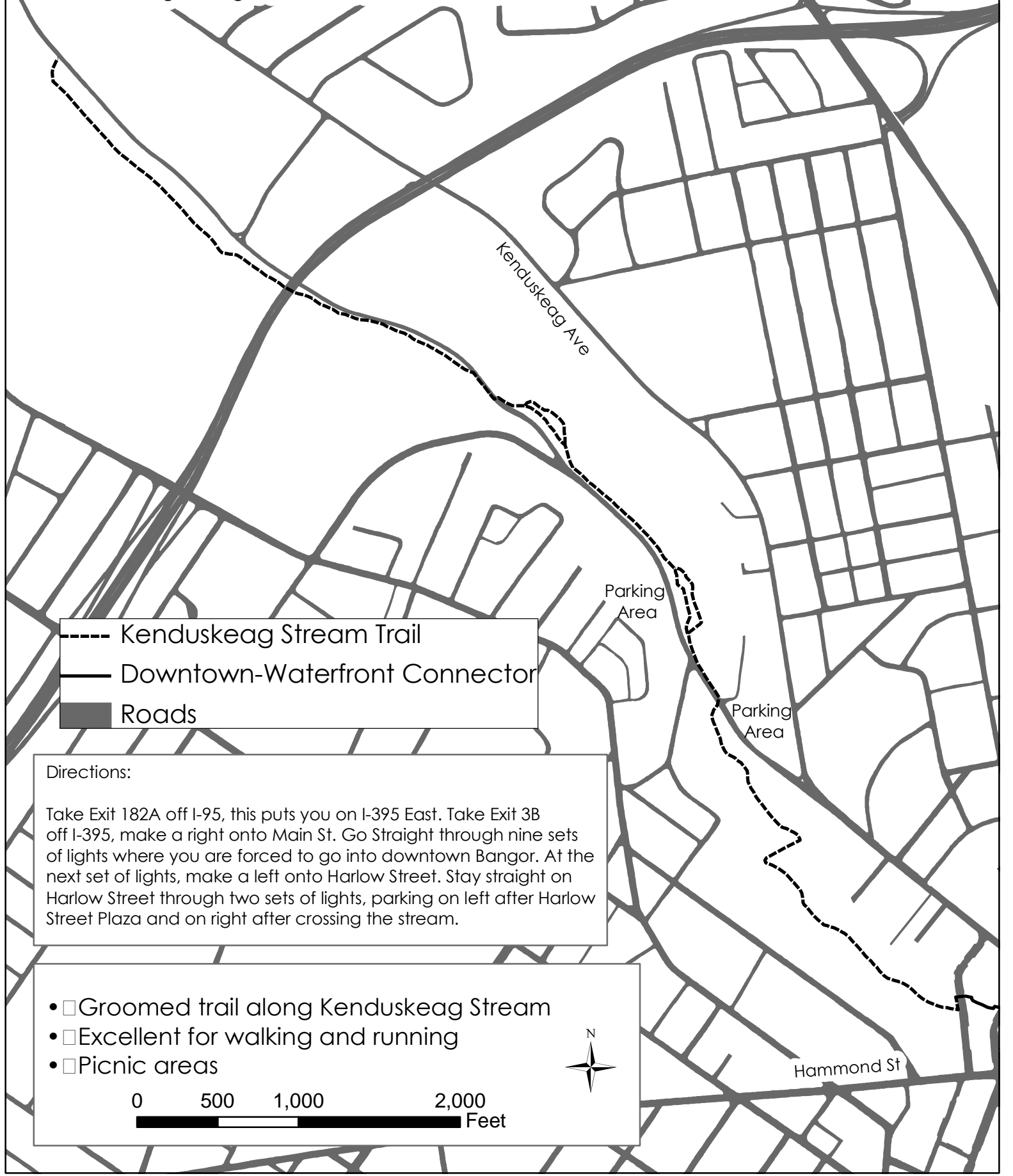


# Kenduskeag Stream Parkway

Existing and proposed trails along Kenduskeag Stream and through Bangor's Downtown and Waterfront areas



- Kenduskeag Stream Trail
- Downtown-Waterfront Connector
- █ Roads

### Directions:

Take Exit 182A off I-95, this puts you on I-395 East. Take Exit 3B off I-395, make a right onto Main St. Go Straight through nine sets of lights where you are forced to go into downtown Bangor. At the next set of lights, make a left onto Harlow Street. Stay straight on Harlow Street through two sets of lights, parking on left after Harlow Street Plaza and on right after crossing the stream.

- Groomed trail along Kenduskeag Stream
- Excellent for walking and running
- Picnic areas

